

Aesthetic Treatments

DR. JOHN OAKLEY

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Board Member of British Association of Sclerotherapists (BAS)
Member of British Association of Cosmetic Doctors (BACD)
Platinum Member of International Academy of Advanced Facial Aesthetics (IAAFA)
Fully Registered with the Healthcare Commission (40328)
Allergan Validated Injector and Practitioner

Please note that each consultation for treatment includes medical assessment, explanation of treatment, and discussion about the effect on your appearance you wish to achieve. This is essential to ensure that you receive only the treatment required to provide a result that is consistent with your expectations, and which pleases you.

Dr Oakley is a fully Accredited and Certificated Practitioner of Advanced Medical Aesthetics. He has comprehensive Professional indemnity/insurance (Medical Defence Union, Ref: 102042C), and is Registered with the General Medical Council (GMC, Ref: 1547300). He has been a full-time Private Medical Practitioner in Sutton Coldfield since 1981.

He is widely experienced and has undergone extensive training in Medical Aesthetics, including a personal 'one to one' session with Professor Jean Carruthers, the pioneer of Botox® (Botulinum Toxin 'A') treatment, and a recognised world expert in the management of a wide variety of conditions with Botox®.

The quality of Dr Oakley's work has brought commendations and recognition from Dr Oakley's peers. More importantly, his work has enhanced the self-confidence and quality of life of those he has treated. As a result of separate competence based assessments, he has been elected to Membership of the BAS, BACD, and IAAFA, (see above), and is an Allergan validated injector. (Allergan are the Manufacturers of Botox®/Vistabel®). He is also fully Insured and Professionally indemnified as a Trainer and Teacher of Aesthetic Medicine.

TREATMENTS:

1. **Botox® (Botulinum Toxin 'A') for fine lines and wrinkles of the face, neck, and décolletage area.**

These include: frown lines, 'crows feet', smile lines, horizontal forehead lines, 'bunny' lines, eye-widening effect, outer-eyebrow lift, 'witches' chin (horizontal crease between lower lip and chin), 'orange peel' chin, 'marionette' lines (down-turning of the corners of the mouth), smoking lines around the lips, 'turkey neck', horizontal neck lines, laughter lines (between the nose and the corners of the mouth), scars, etc.

Fees: £165 - £445 depending on the number of areas treated.

2. **Botox® for excessive/unwarranted/embarrassing perspiration – especially for underarm and forehead areas.**

Fees: Forehead £295. Both underarm areas £395 total.

3. **Botox® for persistent/recurring tension headaches, menstrual/premenstrual headaches, and migraine.**

Fees: £195.

4. **Dermal Fillers ('Fillers') – includes Juvederm Ultra, Belotero®, Radiesse®, Restylane Lipp®, Restylane Vital®, etc.**

Dermal Fillers are very useful not only when used by themselves, but also when used in combination with Botox® to treat facial lines and wrinkles, especially in the lower half of the face and around the mouth. These include: frown lines, 'sleep lines' on the forehead and/or cheeks, scars, décolletage, the backs of the hands, lip enhancement, sunken cheeks, laughter lines (between the nose and corners of the mouth; also known as "nasolabial" lines), 'marionette' lines, and vertical 'smokers lines' around the mouth.

Belotero Smooth® and Restylane Vital® are particularly useful for treatment of fine lines on the backs of the hands and décolletage area. They increase the thickness and elasticity of the skin in these areas, which greatly reduces the aging appearance, particularly of sun damaged skin. Many people have a smooth and youthful appearing face, but the appearance of the skin on the backs of their hands and upper chest makes them appear older than their face would suggest. (This is particularly important when low-cut dresses are in vogue.)

A local skin anaesthetic (Emla®) or (Anestop®), or 'dental' nerve infiltration/block can be used for prevention of pain, if required, with these fillers.

Juvederm Ultra is the first Dermal Filler to contain a local anaesthetic (Lidocaine), and can be injected virtually free of pain.

Fees: This depends on the amount of product used during each treatment session: 0.5ml £195, 1.00ml £295, each additional 1.00ml used £245. The fee may vary slightly with different products used – you will be informed of the fee for your specific treatment before your treatment is performed. An additional fee of £25 is charged for the use of local anaesthesia when required.

5. Varicose Veins, Reticular Veins, and Threadveins of the legs.

Embarrassing unsightly veins can readily be treated and disappear as a result of treatment by injection Sclerotherapy, using Fibro vein®. This treatment needs, on average, three to five sessions of injection Sclerotherapy, depending on the extent of the affected areas and size of the veins involved. Treatment sessions are normally performed at 4-weekly intervals.

Fees: First consultation, including a half hour treatment session, £145, Treatment sessions thereafter, £115 for each half hour of treatment.

Separate, more extensive information leaflets are available for each individual treatment above. These are available without charge and without obligation on request.

Please note that I will not attempt to treat conditions for which it is unrealistic to expect Aesthetics to achieve an acceptable result. In these cases I can refer you directly to a recognised ethical Cosmetic Surgeon Specialist (or other Specialist Consultant if appropriate), if you wish.

More detailed information and factual answers to your questions will be available during your consultation with Dr Oakley. "Before and after" photographs of the results of treatments recently performed by him will be available so that you can assess the quality of his Professional work.

Facial Aesthetics is recognised as being more of an art than a science. Each of us is unique; treatment must be tailored to meet the different needs and differing physical make-up of each individual. The "perfect" result is that which produces the effect that the individual wishes, NOT the effect that others may feel is appropriate, NOR the effect that the Therapist knows can be achieved.

For these reasons, I prefer to adopt a "less" rather than "more" approach to treatment. A free of charge follow-up appointment, two weeks after the initial treatment, can be made if you wish. If appropriate, a "top up" of your treatment can be carried out to produce a more pronounced effect, but it is NOT possible to "take treatment out" to reduce the effect if too much has been injected.

I regret that fees for treatment are subject to change at short notice as a result of increases in Product costs by Manufacturers. You will, however, ALWAYS be informed of the fixed fee for the treatment you require BEFORE the treatment commences.

Dr John Oakley.

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